

## Fertility Health Check Packages

This leaflet has been produced to give prospective patients more information about the self-funded Fertility Health Check Package. The package of tests was launched in 2020 to give patients the option of accessing competitively priced tests and a follow up consultation with a fertility expert. With many couples choosing to put off starting a family until later in life these tests can provide an indication of your current fertility status and are also an option for those unable to access these tests on the NHS.

### Male Package.

The male package consists of laboratory analysis of a semen sample and a follow up appointment with a clinician at a later date to discuss the findings, either face to face or over the phone. The semen sample can be produced at home, if you live close to the clinic or in a purpose built, private room at the Fertility Centre.

### Female Package

The female package requires you to have some blood samples taken at a specific point in your menstrual cycle at one of our hospital sites in Shrewsbury or Telford. They are analysed in the hospital laboratory and the results will be discussed with you at a follow up consultation with a specialist doctor at a later date. You will also be required to have a trans-vaginal (internal) ultrasound scan by a doctor to look at your pelvic organs. We have purpose built scan rooms at Severn Fields. The results of this scan will be discussed with you at your follow up appointment, which normally immediately follows your scan.

In the case of a same sex couple only the partner hoping to achieve a pregnancy would need to undergo these tests, though if you are both wanting to undergo tests before deciding how to proceed please see our Female/Female option.

### Male/Female Couple

This package contains the individual testing as set out in the individual packages above. However as the final consultation is a joint one, to discuss both of your results together we are able to offer this at a discounted rate.

### Female/Female Couple

If both members of a same sex couple wish to undergo the tests described in the female package (see above) we are happy to be able to offer this at a discounted rate if you take a joint consultation appointment after your scans.

### The follow up appointment

The results of your tests are discussed with you at this appointment. Your individual case will be discussed with you by a doctor. They will give you all the necessary advice as to what the next steps, if any, can be and explain all options to you. If all is well or you do not intend to act on the findings immediately you will be discharged. If treatment is required and wanted then you can be referred by

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your GP to access this via the NHS (if all eligibility criteria are met), or given the details of the private or self-funded pathways to access treatment.

### Prices

Our current prices can be found on our website. The fee is payable by card over the phone before your first appointment.

Further information about these packages is available on our website [www.shropshireivf.nhs.uk](http://www.shropshireivf.nhs.uk)

If you wish to go ahead please contact the nursing team on 01743 261202 option 2. Your details will be taken and you'll be asked to pay upfront for your package. If you are requiring a semen analysis an appointment will be arranged for you at this point. The necessary paperwork will be sent to you in the post to get all the tests done. If you are having blood tests then you will need to call us after the blood has been taken to arrange your scan and follow up appointment.

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