

Fertility Health Check Packages

This leaflet has been produced to give information about the self-funded Fertility Health Check Packages.

Why choose the Fertility Health Check Package?

- With many people choosing to put off starting a family until later in life these tests can provide an indication of your current fertility status.
- An option for those unable to access these tests on the NHS.

Which package is best for me/us?

The male and female packages of tests are designed to give an individual a snap shot of a person's current fertility status, they are not designed to collect all the information we need to begin treatment. If you are seeking treatment then the standard package is likely to be more appropriate.

The standard package is used by the clinic for couples having difficulty conceiving and needing to self fund their own treatment. For these patients, who are new to the clinic and unable to access investigations on the NHS, this is the most cost effective option to get on the treatment pathway (if indeed treatment is needed and wanted).

The standard package is also designed for same sex couples or single women who know a sperm donor would be required for them to start a family.

Male Health Check Package £139

The male package is for laboratory analysis of one semen sample and a follow up appointment with a clinician at a later date to discuss the findings, either face to face or over the phone. If the results of the test are normal then this may be communicated in a letter instead. If you live close to the clinic the semen sample can be produced at home or in a purpose built, private room at the Fertility Centre if you live further away. Depending on the results of this test you may be advised to have a second sample tested in a few weeks time. This would be an additional cost of around £100.

Please be advised this is the most basic semen analysis and does not include the antibody test that is required before treatment, if you have a partner and are considering treatment the standard package would be more appropriate.

Female Health Check Package £300

The female package requires you to have some blood samples taken at a two specific points in your menstrual cycle. They are analysed in the hospital laboratory and the results will be discussed with you at a follow up appointment with a specialist doctor at a later date. You will also be required to have a trans-vaginal (internal) ultrasound scan by a doctor to look at your pelvic organs. We have purpose-built scan rooms at Severn Fields. The results of this scan will be discussed with you at your follow up appointment.

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It is important to note that this package is just to check a woman's fertility status. If you have a partner we cannot discuss their circumstances and if you are seeking investigations and advice as a couple you should choose the standard package. If you know you want treatment you should choose the standard package as that ensure additional tests are done in preparation for this.

Standard Package £500

Suitable for:

- **Heterosexual Couples (a woman and her male partner) wanting fertility investigations**
- **Same Sex Couples seeking treatment with donor sperm**
- **Single women seeking treatment with donor sperm**

This package begins with a telephone consultation with a specialist fertility nurse who will take a brief medical history. If you are seeking advice or treatment as a couple you must both be together for this. The nurse arranges for fertility investigations including blood tests (taken at two specific points in the menstrual cycle) and ultrasound scan for the female. If there is a male partner there is a semen analysis test, including an antibody test. If there is a female partner or if the package is for a single woman seeking treatment (both circumstances would require a sperm donor) then additional blood tests (for Cytomegalovirus) are done at this point to prepare for this.

This package includes investigations for one woman only. If a same sex couple both want testing then the investigations for the partner are at an additional cost.

The follow up appointment

The results of your tests are discussed with you by a doctor at this appointment. They will give you all the necessary advice as to what the next steps, if any, can be and explain all options to you. You will then be discharged from the Fertility Health Check.

If treatment is required and you are eligible for this on the NHS you need to contact your GP to ask to be referred to the clinic.

If treatment is required and wanted and you are not eligible for treatment on the NHS you can contact the clinic and ask to speak to the self funding co-ordinator to get information about the options available to you and an indication of the cost involved.

If further investigations or appointments are recommended then these are at an additional cost and you can contact the fertility department for further information.

01743 261202 Option 2.

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Summary of what is included

Package	Included	Not included
Male only	Semen analysis (not antibodies) Telephone call/letter with results	
Female only	Bloods – AMH, FSH, Progesterone Ultrasound scan Doctors appointment with results	Discussions with or about partner History taking relevant to treatment Further investigation, appointments or treatment (if recommended)
Standard - Heterosexual couple	Semen analysis with antibodies Bloods – AMH, FSH, Progesterone Ultrasound scan Doctors appointment with results and discuss any treatment	Further investigation, appointments or treatment (if recommended)
Standard – Same sex couple seeking treatment with donor sperm	Bloods – AMH, FSH, CMV, Progesterone Ultrasound scan and doctors appointment with results and discuss any treatment	Any investigations for partner Further investigations, appointments or treatment (if recommended)
Standard Single woman seeking treatment with donor sperm	Bloods – AMH, FSH, CMV, Progesterone Ultrasound scan and doctors appointment with results and discuss any treatment	Further investigations, appointments or treatment (if recommended)

Prices

Our current prices can be found on our website. The fee is payable in full, by card at the first appointment at the fertility unit.

Further information about these packages is available on our website www.shropshireivf.nhs.uk

If you wish to go ahead please contact the nursing team on 01743 261202 option 2. Your details will be taken and appointments booked.

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